

ANDHRA CHRISTIAN COLLEGE, GUNTUR
(Day, Evening, & P.G)

NOTICE

2018-19

International Yoga Day Celebration

20-6-2018

Date: June 21, 2018

Time: 7:00 am - 9:00 am

Venue: College Open Auditorium

Dear Students,

We are pleased to inform you that our college will be celebrating International Yoga Day on June 21, 2018. This event aims to promote physical, mental, and spiritual well-being through the practice of yoga.

Event Highlights:

- Guided Yoga Session
- Meditation Techniques
- Health and Wellness Tips

All students are encouraged to participate in this event. Please wear comfortable clothing suitable for Yoga practice and bring your own yoga mat, if possible. The session will begin promptly at 7:00 AM, so please attend on time.

Your participation will contribute to a healthier and more harmonious campus environment. Let's come together to embrace the benefits of yoga and foster a sense of unity and well-being in our community.

We look forward to your enthusiastic participation!




PRINCIPAL
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